



# Smoking & Tobacco Resources Toolkit for Cardiac Health

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## Background

The Telligen QIN-QIO supports the Million Hearts® initiative and works with healthcare providers to help more Americans live free of cardiovascular disease and reduce health disparities associated with cardiac health. This toolkit provides links to resources, tools and educational webinars to improve clinic processes and provide patient education related to smoking and tobacco.

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## Tools

### [Million Hearts® Tobacco Use Tools](#)

Protocols for clinicians, employers, and public health practitioners with evidence-based strategies that offer action steps and proven tactics for identifying and treating patients who use tobacco.

### [Identifying and Treating Patients Who Use Tobacco: Action Steps for Clinicians](#)

A tobacco cessation action guide that provides evidence-based, tested tobacco use identification and intervention strategies for busy clinicians.

### [Tobacco Health Systems Change Starter Toolkit for Clinics](#)

Developed by the Institute for Clinical Systems Improvement, this toolkit provides key resources and practical tools to help clinics and health systems improve how they address tobacco use.

### [Encouraging Stopping Smoking](#)

A Behavioural Science Learning Modules series of the World Health Organization (WHO) aimed at providing behavioural science knowledge and skills to health care professionals to positively influence the health of their patients.

### [Office on Smoking and Health's Interactive Data Dissemination Tool: OSHData](#)

The CDC presents a comprehensive tobacco prevention and control data in an online, easy to use, interactive data application. Explore. Create. Share.

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[www.TelligenQINQIO.com](http://www.TelligenQINQIO.com)





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## Presentations

### [What's Going on in my Neighborhood: Cardiac Initiatives for Your Community](#)

The American Heart Association presents resources for your community that include programs, resources, tools, professional development and recognition programs related to cardiac care.

### [Quit, Yes! Illinois' Illinois Quitline](#)

In partnership between Illinois Department of Public Health and the American Lung Association, this webinar is designed for participants to learn more about the Illinois Tobacco Quitline.

### [Let's Kick It! CO & IA Quitline Processes and Advice to Help Your Patients](#)

Learn how the Quitlines work in Colorado and Iowa as well as the 'Ask, Advise and Referral' system, including the use of motivational interviewing.

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## Resources

### [Electronic Cigarettes: What's the Bottom Line?](#)

An infographic from CDC with the facts about electronic cigarettes, their health effects and the risks of using e-cigarettes.

### [American Cancer Society](#)

For smokers, someone who uses smokeless tobacco or someone trying to help a friend or loved one, this site has the information needed to stay away from tobacco.

### [American Heart Association \(AHA\)](#)

This site provides patients with options and steps on how to quit, plus numerous articles on how to live a smoke-free lifestyle.

### [Centers for Disease Control and Prevention \(CDC\)](#)

This site provides fast facts about smoking and tobacco use, personal stories from former smokers and access-free resources.

### [American Lung Association](#)

Tools, tips and support for individuals who want to quit smoking. "The important thing is to keep trying to quit, until you quit for good."

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