



Heart  
disease  
is the #1

leading **cause of death** in  
the United States

Annually, heart disease  
and stroke cost more than  
**\$312.6 BILLION**  
in health care expenditures  
and lost productivity

**1.5  
MILLION**

*roughly the population  
of Philadelphia*

Number of **heart attacks and  
strokes** each year in the U.S.

**800,000**

*Approximate weekly  
attendance at Disney World™*

Number of Americans that **die**  
from heart disease **EVERY YEAR**

**2,200**

*Number of passengers in  
four loaded 747 jets*

People that **die EVERY DAY**  
from cardiovascular diseases

*Heart disease kills roughly the same  
number of people in the U.S. each  
year as cancer, lower respiratory  
disease and accidents combined*

# Excelling in Cardiac Health



## Join Us

By participating in the Telligen network and the cardiac health project, you will join home health agencies, physician offices, patients, and partners to support Million Hearts initiative goal of preventing one million heart attacks and strokes by the year 2017. We will work together to spread evidence-based practices and promote the use of the Million Hearts® initiative's ABCS:

- Aspirin therapy, when appropriate
- Blood pressure control
- Cholesterol management
- Smoking assessment and cessation

## Who?

Medicare-certified Home Health Agencies

## Benefits to you

- Expertise for quality improvement at no cost
- Assistance with identifying areas for quality improvement and coordination of care
- Assistance tracking progress related to the ABCS to support prevention-focused healthcare
- Access to free patient education tools and resources appropriate for various health and cultural literacy levels
- Access to Best Practice Intervention Packages (BPIPs) and resources that can be used to help improve agency processes and patient outcomes
- Data analysis and performance improvement activities focused on clinical quality measures
- Support for generating quality reports and interpreting data
- Assistance with cardiovascular measures reporting through the Home Health Cardiovascular Data Registry
- Educational opportunities, including conferences and webinars, offered at no cost
- Networking and sharing collaborative with other agencies and stakeholders focused on spreading best practices and learning from successful improvement efforts
- Opportunity to support national health care quality improvement initiatives, including Home Health Quality Improvement National Campaign (HHQI) and Million Hearts Initiative's ABCS

# Excelling in Cardiac Health



## Cardiac health participants will:

Sign up for the Cardiovascular Data Registry developed through the HHQI National Campaign to track progress related to the ABCS

Participate in the Cardiac Learning Action Network (LAN), educational programming, use tools available through the HHQI National Campaign website and share best practices related to improving cardiac health and facilitating patient self-management of chronic disease

Implement patient coaching strategies and education to enhance patient and family engagement to improve patient health and chronic disease self-management

Share best practices related to improving cardiac health and facilitating patient self-management of chronic disease

## Telligen will:

Help assess current workflow process and provide assistance with data analysis

Provide educational opportunities and intervention tools to improve cardiac health, including approaches to promote patient and family engagement

Provide technical assistance to enhance electronic health record (EHR) usage and optimization for ABCS

Work through the Plan Do Study Act (PDSA) cycle with agencies to aid in maximizing successful implementation of evidence-based interventions

## About Telligen QIN-QIO

The Telligen Quality Innovation Network - Quality Improvement Organization (QIN-QIO), in collaboration with the Centers for Medicare & Medicaid Services (CMS), is supporting the HHS National Quality Strategy to accomplish better care, better health for people and communities and affordable care through improvements.

Working together within a three-state network, teams in Iowa, Illinois and Colorado will work side-by-side with providers in all settings of care on quality improvement initiatives, while pooling resources and common elements to best serve the needs of beneficiaries, families, caregivers and healthcare providers across the region.

## Our Approach

We drive quality in healthcare for Medicare beneficiaries by providing communities with technical assistance, convening learning and action networks for sharing best practices, and collecting and analyzing data for improvement. We align statewide partners and ongoing initiatives to create efficiencies and maximize momentum.

## Contact Us

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