

**DIAGNOSED and UNDIAGNOSED
diabetes in the United States**

29.1 MILLION
people have **diabetes** ¹



*more than the population
of New York State*

27.8% of people are
UNDIAGNOSED

**Age-Adjusted Percentage of Adults
Aged 18 Years or Older with
Diagnosed Diabetes **Receiving
Preventive Care Practices,**
United States, 2010 ³**

Annual Dilated Eye Exam
62.8%

Daily Self-Monitoring of Blood Glucose
63.6%

Annual Foot Exam
67.5%

Annual Doctor Visit
84.9%

Daily Self-Exam of Feet
61.1%

Two or More A1c Test in Last Year
68.5%

Attended Diabetes Self-Management Class
57.4%

Annual Influenza Vaccine
50.1%

Ever Had Pneumococcal Vaccine
42.5%

¹ <http://www.cdc.gov/diabetes/pubs/statsreport14.htm>

³ http://www.cdc.gov/diabetes/statistics/preventative/fy_class.htm

Everyone With Diabetes Counts!

Join Us

Many challenges exist for physicians today in helping patients with diabetes avoid the many potentially severe complications of the disease and maintain healthy lives. Improving outcomes and reducing disparate diabetes care has become a priority mission of the Center for Medicare and Medicaid Services (CMS). To support this call to action, Telligen is working with physician practices in our state to develop an evidence-based, patient focused approach that will work to achieve the following data driven goals:

- Provide DSME (Diabetes Self-Management Education) to engage your patients in improving medication adherence, making healthy choices, and increase participation in follow-up medical treatment especially in areas where there is currently a lack of diabetes educators
- Advance diabetes education and sustainability throughout the state by “training the trainers” including nurses, medical assistants, nurse assistants and community health workers (diabetes peer educators)
- Improve outcomes (HbA1c, blood pressure, weight, lipids, eye and foot exams,) through clinical guideline adherence, for Medicare and dual eligible beneficiaries.
- Decrease the number of people with diabetes who require lower extremity amputations due to complications resulting from poorly controlled diabetes
- Facilitate community-wide interventions to help drive the efforts of improving the lives of beneficiaries with diabetes and their families

Benefits to you

- Create a model of sustainable improvement in your practice and community
- Impact value based penalty reductions
- All services and support offered at NO COST to you

Participants can also choose from strategic optimization opportunities relevant to practice goals, such as:

- Inclusion in the Telligen Learning and Action Network (LAN)- toolkits, webinars, newsletters, and other resources relevant to the physician practice and community organizations
- Preparation for the Accountable Care Organization (ACO) environment
- Technical assistance for Physician Quality Reporting System (PQRS), Meaningful Use (MU), and Electronic Health Record readiness and implementation
- Teambuilding/Communication

Age-adjusted* percentage of people aged 20 years or older with diagnosed diabetes, by race/ethnicity, United States, 2010–2012



*Based on the 2000 U.S. standard population. Source: 2010–2012 National Health Interview Survey and 2012 Indian Health Service's National Patient Information Reporting System.

Everyone With Diabetes Counts!



Provider participants will: <i>While there is no fee to participate, providers are expected to commit to the following:</i>	Telligen will: <i>Support the Everyone with Diabetes Counts initiative through 2019, focusing on action-driven change:</i>
Actively refer patients to DSME programs	Increase access to DSME programs to empower behavioral change
Report values for diabetes clinical measures	Provide a team for support and technical assistance to providers, utilizing evidence-based tools and quality improvement methodology
Test and implement changes and collect data, to measure the impact of the changes related to diabetes outcomes	Assist with data collection, tools, evaluation, and reporting for diabetes clinical measures
Share successes and challenges related to “Everyone with Diabetes Counts” to Telligen	Facilitate community-wide intervention support to drive at systems level change and decrease duplication and fragmentation
Establish a clinical champion to be the primary point of contact for Telligen communication and technical assistance	Identify available resources to address challenges and highlight successes in statewide and national forums

**According to the Rural Health Research & Policy Centers, 2011 Statistics:
Diabetes is more common among beneficiaries who live in rural counties (16.7%)
than among those who live in urban areas (13.5%)**

About Telligen QIN-QIO

The Telligen Quality Innovation Network - Quality Improvement Organization (QIN-QIO), in collaboration with the Centers for Medicare & Medicaid Services (CMS), is supporting the HHS National Quality Strategy to accomplish better care, better health for people and communities and affordable care through improvements. Working together within a three-state network, teams in Iowa, Illinois and Colorado will work side-by-side with providers in all settings of care on quality improvement initiatives, while pooling resources and common elements to best serve the needs of beneficiaries, families, caregivers and healthcare providers across the region.

Our Approach

Telligen drives quality in healthcare for Medicare beneficiaries by providing communities and providers with technical assistance, convening learning and action networks for sharing best practices, and collecting and analyzing data for improvement. We align statewide partners and ongoing initiatives to create efficiencies and maximize momentum

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