

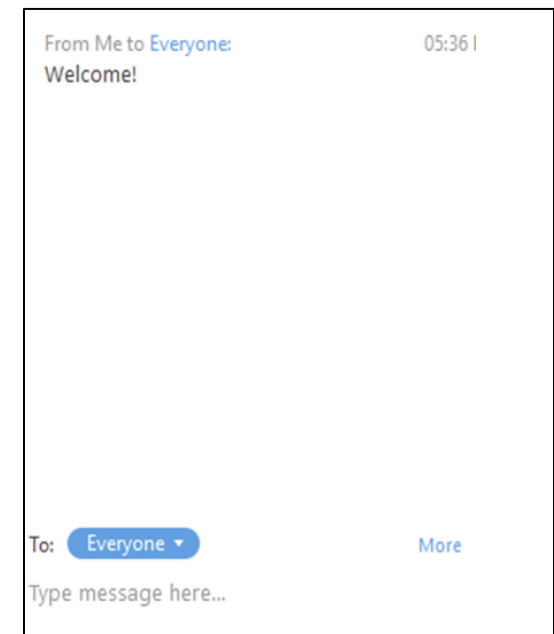
Welcome! We will get started momentarily

Using “Chat,” please enter your name and organization

How to use “Chat”:

1. Click on the “Chat” icon
2. Select who you want to send your message to (individual or everyone)
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Please use “Chat” to submit questions for our speakers





Post-Acute Care Office Hours – Illinois

April 16, 2020

Speaker: Jane Brock, MD, MSPH, Telligen

Facilitator: Lisa Bridwell, Program Specialist, Telligen

Guest : Adam Kohlrus, BS, MS,CPHQ,CPPS, Illinois Health and Hospital Association

This material was prepared by Telligen, the Medicare Quality Innovation Network Quality Improvement Organization, under contract with the Centers for Medicare & Medicaid Services (CMS), an agency of the U.S. Department of Health and Human Services. The contents presented do not necessarily reflect CMS policy. This material is for informational purposes only and does not constitute medical advice; it is not intended to be a substitute for professional medical advice, diagnosis or treatment. 12SOW-IL-QIN-04/15/20-3649

Giving This Our Best Shot



Telligen QI Connect™

- Today's content and answers to participants' questions reflect Telligen's best understanding based on currently available information about COVID-19 as of April 16th, 2020.
- However, COVID-19 is an emerging, rapidly evolving situation. Therefore, it remains critically important to continually check the CDC's most up-to-date guidance, as well as the guidance from your state/local health department. CDC guidance for COVID-19 may be adapted by state and local health departments to respond to rapidly changing local circumstances.
 - <https://www.cdc.gov/coronavirus/2019-ncov/healthcare-facilities/prevent-spread-in-long-term-care-facilities.html>
 - Illinois: <http://www.dph.illinois.gov/>
- The views expressed by the speaker do not necessarily reflect the views of Telligen or The Centers for Medicare & Medicaid Services. Presentation content is for informational purposes only and does not constitute medical advice; it is not intended to be a substitute for professional medical advice, diagnosis or treatment.

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Objectives

- Identify collaborative opportunities with other partners and stakeholders to facilitate the flow of information
- Strengthening local community network by sharing emerging practices amid COVID-19

Jane Brock, MD, MSPH



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Dr. Jane Brock is a medical director at Telligen. Her clinical background is in public health, preventive and occupational medicine. Dr. Jane has served in the QIO program as a clinical director/advisor to several national coordinating centers since 2014

Key Concepts

- Reduce facility risk
- Identify, manage and isolate symptomatic patients
- Protect healthcare personnel
 - https://www.cdc.gov/coronavirus/2019-ncov/hcp/infection-control-recommendations.html?CDC_AA_refVal=https%3A%2F%2Fwww.cdc.gov%2Fcoronavirus%2F2019-ncov%2Finfection-control%2Fcontrol-recommendations.html
- Patients with COVID-19 can be discharged when clinically indicated
 - <https://www.cdc.gov/coronavirus/2019-ncov/hcp/disposition-hospitalized-patients.html>

Adam Kohlrus, MS, CPHQ, CPPS

Assistant Vice President of Quality, Safety and Health Policy

Illinois Health and Hospital Association

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IDPH: Transfer of Patients from Hospital Settings to Skilled and Intermediate Long-term Care Facilities



State of Illinois
Illinois Department of Public Health

COVID-19

JB Pritzker, Governor

Ngozi O. Ezike, MD, Director

Transfer of Patients from Hospital Settings to Skilled and Intermediate Long-term Care Facilities

The Illinois Department of Public Health recognizes that it is necessary to provide guidance to skilled and intermediate long-term care facilities regarding the transfer of patients from a hospital setting to a skilled or intermediate long-term care facility ("skilled long-term care facility") licensed under the Nursing Home Care Act, 210 ILCS 45.

In all situations care should be provided consistent with CDC and IDPH guidance regarding COVID-19, including but not limited to the following:

- CMS Guidance: COVID-19 Long-Term Care Facility Guidance (April 2, 2020) available at <https://www.cms.gov/files/document/4220-covid-19-long-term-care-facility-guidance.pdf>.
- CDC Discontinuation of Transmission-Based Precautions and Disposition of Patients with COVID-19 in Healthcare Settings (Interim Guidance) available at: <https://www.cdc.gov/coronavirus/2019-ncov/hcp/disposition-hospitalized-patients.html>.
- CDC Guidance: Interim Infection Prevention and Control Recommendations for Patients with Suspected or Confirmed Coronavirus Disease 2019 (COVID-19) in Healthcare Setting, available at: <https://www.cdc.gov/coronavirus/2019-ncov/infection-control/control-recommendations.html>
- CDC Guidance: Preparing for COVID-19: Long-term Care Facilities, Nursing Homes, available at: <https://www.cdc.gov/coronavirus/2019-ncov/healthcare-facilities/prevent-spread-in-long-term-care-facilities.html>
- CDC Recommended Guidance for Extended Use and Limited Ruse of N95 Filtering Facepiece Respirators in Healthcare Settings: <https://www.cdc.gov/niosh/topics/hcwocontrols/recommendedguidanceextuse.html>

Transfer of Patients With No Clinical Concern for COVID-19

All hospitalized patients should be assessed for COVID-19 prior to transfer to a skilled long-term care facility. If a test is not indicated per CDC testing criteria, and the patient has no clinical concern for COVID-19, new and returning residents may be discharged to a skilled long-term care facility. At a minimum, care is to include monitoring vital signs to include pulse oximetry readings and screening for a respiratory illness.

Transfer of Patients Investigated for Possible COVID-19 with a Negative Test Result

New and returning residents that tested negative during the acute care stay, can be transferred to a long-term care facility following clinical discharge from the hospital. At a minimum, the care to be provided by the skilled long-term care facility should include implementing Transmission Based Precautions (TBP) for a minimum of seven days following the date the test specimen was obtained, or at least three (3) days have passed in which the patient has been afebrile without the use of fever reducing medication and does not exhibit any signs of respiratory symptoms.

Transfer of Patients Who Have Received a COVID-19 Positive Test While in Hospital

Patients who have received a COVID-19 positive test while in a hospital setting may be transferred to a skilled long-term care facility as long as the facility can follow CDC guidance for Transmission-Based Precautions.

Patients who resided in a skilled-long term care facility prior to transfer to the hospital that receive a COVID-19 positive test should be discharged back to the facility of residence once they are medically stable. Patients that tested positive for COVID-19 prior to admission should be transferred back to their facility of residence per CDC guidance as follows:

- If Transmission-Based Precautions are still required upon discharge, the facility must adhere to infection prevention and control recommendations for the care of COVID-19 patients. Preferably, the patient would be placed in a location designated to care for COVID-19, such as a unit or wing designated to house COVID-19 residents.
- If Transmission-Based Precautions are to be discontinued, but the patient has persistent symptoms from COVID-19 (e.g. persistent cough), resident should be placed in a single room, be restricted to their room, and wear a facemask during care activities until all symptoms are completely resolved or until 14 days after illness onset, whichever is longer.
- If Transmission-Based Precautions have been discontinued and the patient's symptoms have resolved, patient should be admitted without further restrictions.

Patients not living in a skilled long-term care facility prior to hospitalization who receive a COVID-19 positive test and require discharge to a skilled long-term care facility should be admitted to a COVID-19 dedicated skilled long-term care facility. The facility should follow CDC guidelines based on whether Transmission-Based Precautions are still required. If a COVID-19 dedicated skilled long-term care facility is not available, then the patient should be admitted to a skilled long-term care facility with a COVID-19 dedicated wing or unit. If this is not available, then patient should be admitted to a skilled long-term care facility able to follow the CDC's guidance on Transmission-Based Precautions.

Transfer of Patients Investigated for Possible COVID-19 With No Test Results

Returning residents under investigation for COVID-19 who are ready for hospital discharge but do not have test results available and need skilled nursing long-term care should be discharged to a skilled long-term care facility following the CDC's guidance for when Transmission Base Precautions are required.

Questions?



Illinois Department of Public Health Coronavirus Disease 2019 (COVID-19)

<https://www.dph.illinois.gov/covid19>

CDC

<https://www.cdc.gov/coronavirus/2019-ncov/index.html>

National Alliance for Mental Health

<https://www.nami.org/getattachment/Press-Media/Press-Releases/2020/COVID-19-and-Mental-Illness-NAMI-Releases-Importan/COVID-19-Updated-Guide-1.pdf?lang=en-US>

CMS

Coronavirus (COVID-19) Partner Toolkit

<https://www.cms.gov/outreach-education/partner-resources/coronavirus-covid-19-partner-toolkit>



Save the Date!

Check out the Telligen QI Connect™ Event Page register for these events in your state

<https://www.telligenqinqio.com/events/>

COVID-19 in Long Term Care (LTC) Office Hours

- Thursday, April 23rd, 2020 at 2:00pm CT
- Register here: <https://telligenqinqio.zoom.us/meeting/register/uZQp2vrTsqrX6mYTuDm2pLQ1mtrQhgyg>

COVID-19 Post Acute Care (PAC) Office Hours - Illinois

- Thursday, April 30th, 2020 at 1:00 CT
- Registration here: <https://www.surveymonkey.com/r/N83JHL3>

Patient & Family Engagement and Activation: What is it? And How Can You be Successful at it?

- Wednesday, April 29th, 2020 at 1:00pm CT
- Registration here: <https://www.telligenqinqio.com/event/patient-family-engagement-and-activation-three-part-series-part-3/>



Take Care of Yourself



- ♥ **Develop a buddy system**
Keep an eye on each other
Set-up times to check-in with each other
- ♥ **Maintain a healthy diet and get adequate sleep and exercise**
- ♥ **Practice breathing and relaxation techniques**
- ♥ **Write in a journal**



Thank You!



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