

Welcome! We will get started momentarily

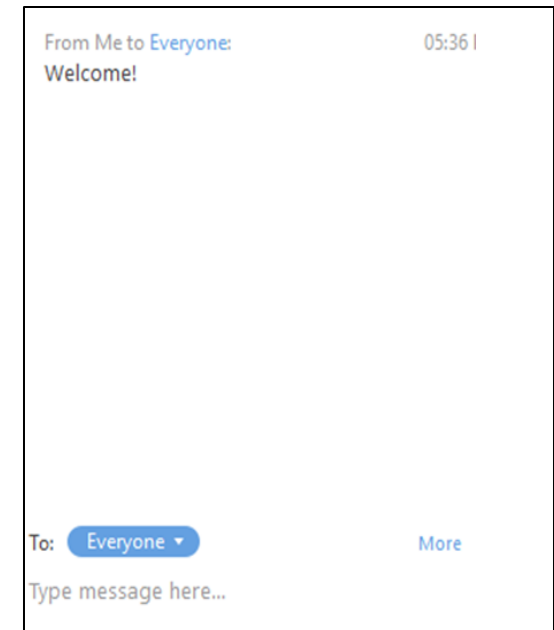
Using “Chat,” please enter your name and organization and

What creative approaches has your organization taken to mitigate the shortage of PPE?

How to use “Chat”:

1. Click on the “Chat” icon
2. Select who you want to send your message to (individual or everyone)
3. Type and send your message

Please use “Chat” to submit questions for our speakers





Post-Acute Care Office Hours Illinois

April 30, 2020

Guest speakers: Angie Charlet, DBA, MHA, RN
Michael S. McNear M.D.
Jim Brown, M.D.

Facilitator: Jane Brock, MD, MSPH

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Giving This Our Best Shot

- Today's content and answers to participants' questions reflect Telligen's best understanding based on information currently available about COVID-19 as of April 30, 2020.
- However, COVID-19 is an emerging and rapidly evolving situation. Therefore, it remains critically important to continually check the CDC's most up-to-date guidance, as well as the guidance from your state/local health department. CDC guidance for COVID-19 may be adapted by state and local health departments to respond to rapidly changing local circumstances.
 - <https://www.cdc.gov/coronavirus/2019-ncov/healthcare-facilities/prevent-spread-in-long-term-care-facilities.html>
 - Illinois: <http://www.dph.illinois.gov/>
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Breathe!

■ First Steps

- Find a quiet, comfortable place to sit or lie down.
- Take a normal breath
- Then take a deep breath
 - Breathe in slowly through your nose, allowing your chest and lower belly to rise as you fill your lungs. Let your abdomen expand fully. Now breathe out slowly through your mouth (or your nose, if that feels more natural).

■ In Practice

- Move on to regular practice of controlled breathing.
- Sit comfortably with your eyes closed, blend deep breathing
- Include helpful imagery and/or a focus word or phrase that helps you relax



Objectives

- Identify collaborative opportunities with other partners and stakeholders to facilitate the flow of information
- Strengthen local community network by sharing emerging practices amid COVID-19

- **COVID-19 Emergency Declaration Blanket Waivers for Health Care Providers**
 - 3-day prior hospital stay; PASARR (LTCF)
 - Alternative and expansion locations
 - Timelines for quality reporting
 - Detailed discharge planning documentation
 - Flexible staffing
 - Physical presence of physician staffing (CAHs)

<https://www.cms.gov/files/document/summary-covid-19-emergency-declaration-waivers.pdf>

- **Applying guidelines for transfer to LTCFs has been challenging**

(Key Strategies to Prepare for COVID-19 in Long-term Care Facilities (LTCFs):

<https://www.cdc.gov/coronavirus/2019-ncov/hcp/long-term-care-strategies.html>)

- Keep COVID-19 from entering your facility
- Adhere to infection control practices – PPE, testing, tracking and monitoring

- **Updated To:**

(Interim guidance for LTCFs: <https://www.cdc.gov/coronavirus/2019-ncov/hcp/long-term-care.html#interim-guidance>)

- Keep unrecognized COVID-19 from entering the facility
- Dedicate an area of the facility to care for residents with suspected or confirmed COVID-19; consider creating a staffing plan for that specific location



An Existing Option to Consider



Telligen QI Connect™

Angie Charlet, DBA, MHA, RN

Senior Director Quality and Operations

acharlet@icahn.org



- Discuss emergency infection control practices in rural communities
- Give an overview of their swing bed program availability and capabilities

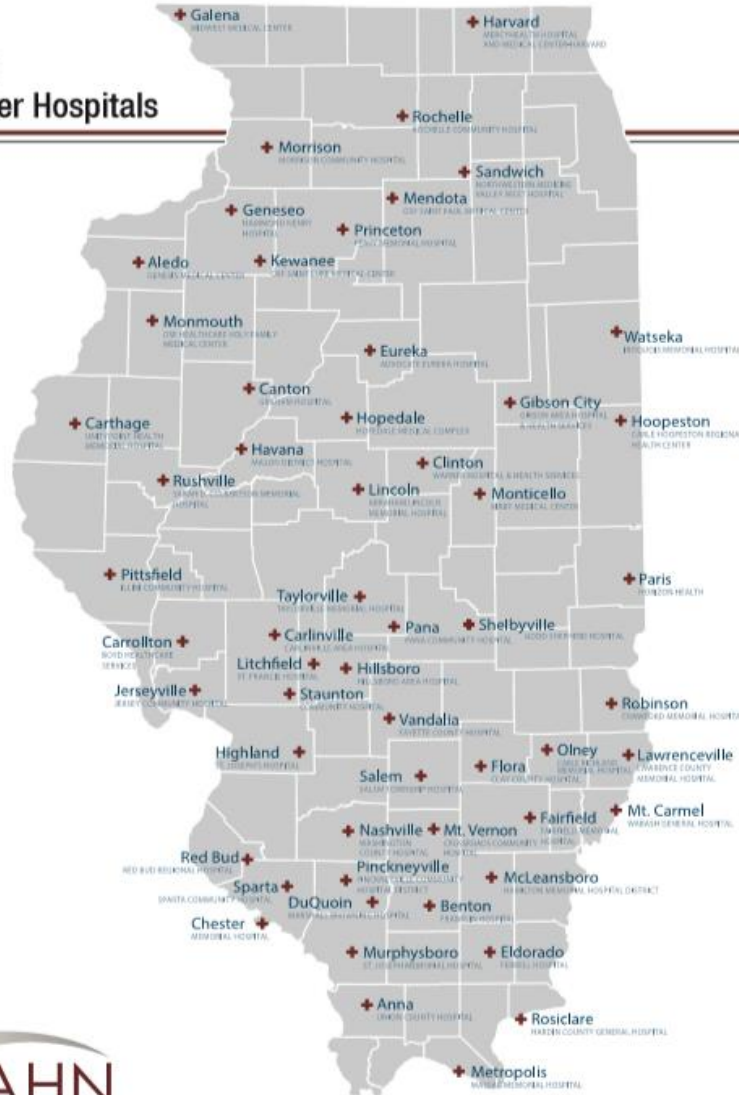


We Are Here: A Brief Discussion

- Rural Hospitals are here to help
- What is the Swing Bed Program and How Can it Help Urban?
- Current trends and challenges in keeping patients isolated



ICAHN Member Hospitals




- Located in rural areas throughout Illinois
- Closest to Chicago counties are Mercy Harvard (1.5hr), Rochelle (1.25hr), Sandwich (1hr) and Watseka (1.5hr)
- 51 CAHs; 7 Small & Rural PPS
- All considered Acute Care and have Skilled Care Options

Skilled Care via Swing Bed Program

- Medicare and Medicaid Program
- Extended Care immediately following acute level of care
- Majority of hospitals only take Medicare (be sure to check with hospital)
- Follows Medicare Intent....admissions criteria set in program conforms to this intent
- Skilled services related to a medical condition that was either
 - Hospital-related medical condition or
 - A condition that started while the patient received skilled nursing services for hospital-related medical condition

Value of Swing Bed

- Designed for short-stay skilled care
 - Can be rehab or medically complex skilled need
 - Provides patient 'hospital' environment and immediate resources if needed
 - Allows patients to fully recover from COVID without holding acute care bed and when waiting to return to SNF/LTC
 - Provides a revenue stream for the rural hospitals
- 



Dr. McNear, CMO Jersey Community Hospital
Dr. Brown, ED CMO Mason District Hospital



Resources

Illinois Department of Public Health Coronavirus Disease 2019 (COVID-19)

<https://www.dph.illinois.gov/covid19>

CDC

<https://www.cdc.gov/coronavirus/2019-ncov/index.html>

CMS

Coronavirus (COVID-19) Partner Toolkit

<https://www.cms.gov/outreach-education/partner-resources/coronavirus-covid-19-partner-toolkit>

COVID-19 Emergency Declaration Blanket Waivers for Health Care Providers

<https://www.cms.gov/files/document/summary-covid-19-emergency-declaration-waivers.pdf>

Preadmission Screening and Resident Review

<https://www.federalregister.gov/documents/2020/02/20/2020-03081/medicaid-program-preadmission-screening-and-resident-review>

Upcoming Events



Telligen QI Connect™

Save the Date!

Check out the Telligen QI Connect™ Event Page register for these events in your state

<https://www.telligenqinqio.com/events/>

COVID-19 in Long Term Care (LTC) Office Hours

- Thursday, May 7th, 2:00 pm CT
- Register here:

<https://telligenqinqio.zoom.us/meeting/register/tJUsdequqzIqE9GT4PxJRXYCvVTU9Pq7ftgc>

Diabetes Management Screening & Preventive Services Covered by Medicare

- Wednesday, May 13th, 12:00 pm CT
- Register here:

https://telligenqinqio.zoom.us/meeting/register/v5YsfuGsqDMvenmkT5s_TNSqQeqOkYC12g

COVID-19 Post Acute Care (PAC) Office Hours - Illinois

- Thursday, May 21st, 1:00 pm CT

<https://telligenqinqio.zoom.us/meeting/register/tJMvd-yhqjktHNP8ySTaiaA4PVDyyFngnp5j>



“One day at a time, one thing at time, and one moment at a time.” ~ Unknown



May 5th is World Hand Hygiene Day

https://www.who.int/infection-prevention/campaigns/clean-hands/WHO_HH-Community-Campaign_finalv3.pdf?ua=1

Safe Hands Challenge

<https://www.who.int/news-room/campaigns/connecting-the-world-to-combat-coronavirus/safehands-challenge>



Thank You!



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