

Would You Like to Help Improve Care in Your Community? Volunteer as a Community Ambassador with Telligen to Improve the Health of Your Family, Friends, and Neighbors

Who is Telligen?

Telligen is the Quality Innovation Network – Quality Improvement Organization ([QIN-QIO](#)) for Colorado, Illinois, Iowa, and Oklahoma. There is a QIN-QIO in every state whose job is to bring Medicare patients, healthcare providers, and communities together to make communities healthier. QIN-QIOs work to:

- Make healthcare safer
- Help people manage health conditions, such as diabetes and kidney disease
- Remove gaps in care between different groups of people
- Promote healthy living habits
- Improve access to good quality healthcare
- Make healthcare more affordable

What would I do as a Community Ambassador?

Community Ambassadors volunteer their time to share their thoughts, viewpoints, stories, and ideas in community learning sessions, discussions, and quality improvement projects. You'll be directly involved in finding solutions for the needs and issues in your community. You will join others in your community who come together to:

- Improve patient safety
- Find resources for people with diabetes, kidney disease, and other chronic conditions
- Improve access to care for those with Alzheimer's, depression, and substance use disorder
- Increase safe prescribing and reduce the use of opioids
- Help patients, beneficiaries, and family members to get involved in their healthcare so they can make informed choices



Care Transitions and Patient Safety



Chronic Disease Prevention & Self-Care



Nursing Home Quality



Opioids & Behavioral Health



Patient and Family Engagement

Why should I become a Community Ambassador?

We all need to be part of the process to make a real and lasting impact on the health and lives of our communities. Healthcare providers and community organizations work hard to improve quality of care and the healthcare system. But we also need patients, families, and caregivers to be involved. Community Ambassadors are important and necessary to shape how care is received and to create healthy communities.

Am I eligible to be a Community Ambassador?

- Do you have Medicare or are you a family member or caregiver for a Medicare Beneficiary?
- Do you live in Colorado, Illinois, Iowa, or Oklahoma?
- Do you want to help to improve healthcare in your community?
- Do you have access to a computer, tablet, or phone?

How does it work?

All activities are being done online using programs, such as Zoom™, that allow people to talk with each other. You can join from your own home using a computer or a tablet, and your phone. Community Ambassadors can join in as many events, discussions, and coaching calls as they would like. We also provide a place online, called the “The Hub” where you can connect with other Community Ambassadors from our four states, share ideas, find resources, and stay up to date on events. You’ll get an Orientation Guide, and we’ll take you through a short training where you can meet other Community Ambassadors and get your questions answered.

What is the time commitment?

You can spend as little as two hours a month or as many hours as you want in your involvement with your community.

How do I join?

Complete our [online form](#) to join Telligen QI Connect™ and don’t forget to spread the word! Do you know a Medicare Beneficiary, family caregiver, or advocate for older adults who is involved in your community, or who would like to be? If so, feel free to share this flyer with them.

Questions?

Contact Telligen’s Program Specialist, Risa Hayes at (720) 233-7734 or rhayes@telligen.com.