

Colorado CONNECT Statewide Community Meeting - Transcript
January 2021

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00:00:00.240 --> 00:00:01.439

Feel free to tell them. Hello.

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00:00:16.170 --> 00:00:18.029

Meredith Koob: Hello, sorry.

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00:00:26.220 --> 00:00:28.470

Meredith Koob: Thanks for joining. I'm Michael

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00:00:30.390 --> 00:00:31.590

Meredith Koob: Welcome Ani

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00:00:45.000 --> 00:00:52.380

Meredith Koob: We have a special guest flow with us today. You can see her on the video as well, you'll get to know her a little bit more in a few minutes.

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00:00:56.010 --> 00:00:58.620

Meredith Koob: Good morning, Sarah. Thanks for joining.

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00:01:05.400 --> 00:01:17.280

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Courtney Ryan: For those of you just joining. Thanks so much. Please enter in your name and organization into chat. We'd love to see who all is on the call today get started here in just a few seconds.

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00:01:26.670 --> 00:01:30.540

Meredith Koob: For being on Kristen. The morning one from Holly night.

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00:01:32.310 --> 00:01:39.090

Meredith Koob: I Jessica joining from horizon care center. We have Jana Yoder from the center Rock Creek.

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00:01:46.680 --> 00:02:00.120

Courtney Ryan: Alright, well I show 11 o'clock, so I think we're going to go ahead and get started. We have a lot of exciting things to talk about today. So welcome everybody to the Colorado community connect call so glad you guys are here to join us.

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00:02:01.020 --> 00:02:05.760

Courtney Ryan: We thought this side might be kind of fun to kick off our call today. So we thought about

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00:02:06.570 --> 00:02:16.350

Courtney Ryan: Googling in, you know, since the pandemic happened. The most Googled should I questioned by state. So I thought this was kind of interesting.

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00:02:16.770 --> 00:02:32.580

Courtney Ryan: To kind of see where all the different states fell within their Google searches. So obviously here in Colorado, we most people Google should I quarantine, which is interesting. Lots of people that Google is about getting a dog. So would love to hear

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00:02:33.810 --> 00:02:42.330

Courtney Ryan: From you guys if there was something that you did as a result of the pandemic something new that you did or started to try

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00:02:43.740 --> 00:02:49.350

Courtney Ryan: In the pandemic. I love California saying to should I get back with my ex that one just cracked me up.

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00:02:50.940 --> 00:02:51.300

Courtney Ryan: So,

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00:02:52.320 --> 00:02:59.460

Courtney Ryan: Please share anything in chat. Now, do you have any comments or reflections on this or something new that you may have tried, or did

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00:03:04.410 --> 00:03:15.450

Courtney Ryan: I know we got a camper, which I was really excited about. So we could do more camping, so that was fun bought a hot tub. Oh, nice. Kristen, I wish we lived closer

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00:03:16.530 --> 00:03:17.250

Courtney Ryan: I'm joined

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00:03:18.900 --> 00:03:19.530

Courtney Ryan: Okay.

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00:03:21.840 --> 00:03:28.920

Courtney Ryan: So thank you all again for joining our call today. My name is Courtney Ryan and I will be your facilitator today.

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00:03:29.760 --> 00:03:38.520

Courtney Ryan: Just to share a couple hobbies, Meredith, and I thought it would be kind of fun to share a little bit about ourselves. So a few of my hobbies. For those of you that don't know

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00:03:39.240 --> 00:03:47.850

Courtney Ryan: I love ice fishing and, oh, I'm a little bit disappointed with our winter so far I haven't had too many chances to do some ice fishing.

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00:03:48.210 --> 00:03:56.640

Courtney Ryan: I live up in Evergreen and so we do have a lake here where I get to go pretty frequently. So that's fun, but in hoping for some more snow and ice to continue fishing.

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00:03:57.120 --> 00:04:10.350

Courtney Ryan: I also enjoy mountain biking and camping. So I mentioned we got a new camper over the, over last year. And so we had a lot of opportunities last summer to go up and start camping. So that was really fun.

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00:04:10.920 --> 00:04:20.130

Courtney Ryan: And also joining me today is Meredith coop. She is our color it is our duty on tech. So, Meredith, I'll let you introduce yourself and your hobby.

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00:04:21.990 --> 00:04:29.970

Meredith Koob: Good morning everyone. Good to see you again. This month, or is this your first time joining here for the first community connect call

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00:04:30.750 --> 00:04:38.100

Meredith Koob: Might just a few of my hobbies. I absolutely love music that's where I find my peace and solace.

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00:04:38.730 --> 00:04:51.090

Meredith Koob: I in high school I I played flute alto saxophone baritone saxophone and have played piano since I was five. However, piano is the only one that remains

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00:04:51.570 --> 00:05:04.350

Meredith Koob: So I do have a piano here at home that I like to play and mountains here represented. I just love to get out and explore new places in Colorado, we could go somewhere new.

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00:05:04.740 --> 00:05:21.660

Meredith Koob: Every day for the rest of our lives and something exciting. So like to be out there and just in the great outdoors. So we also look forward to learning more about all of you as we partner together in the years to come.

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00:05:23.760 --> 00:05:25.320

Meredith Koob: Thanks for sharing that. Meredith, and

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00:05:25.320 --> 00:05:33.420

Courtney Ryan: I agree, and I have had the opportunity to hear Meredith play the piano, and she is beautiful. So maybe you can do a song for us. Sometime on one of these calls

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00:05:34.800 --> 00:05:43.560

Courtney Ryan: And I'm also joined today by our intelligence team. So we have Nikki, who will be our scribe today. Meredith will be keeping track of chat.

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00:05:43.980 --> 00:05:51.570

Courtney Ryan: Mary is helping us with all of our tech ISSUES. AND THEN WE HAVE BETSY core who will be doing a presentation on

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00:05:52.020 --> 00:06:01.470

Courtney Ryan: Our data and then we have as Meredith mentioned a special guest with us today that I'm excited to introduce in a few moments. And her name is flow. So, thanks to the whole team for being on the call.

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00:06:02.310 --> 00:06:13.170

Courtney Ryan: So today we're going to be talking about topics that our partners that joined the December community connect call indicated as being or as weighing most heavily

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00:06:14.640 --> 00:06:25.380

Courtney Ryan: On our local Colorado communities. So those topics were the coven 19 emergency preparedness. The coven 19 vaccine behavioral health and care coordination.

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00:06:27.840 --> 00:06:30.030

Courtney Ryan: So if I get those mixed fly.

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00:06:33.180 --> 00:06:51.720

Courtney Ryan: So there are just a few risks that we, that the use of zoom poses. So just quickly, in a nutshell, this disclaimer slide is to say that we have taken all possible precautions and we are unable to take responsibility for those risks that come along with the use of a third party platform.

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00:06:54.210 --> 00:07:02.820

Courtney Ryan: So we'd like for today's session to be interactive. We had a really great session last month with a lot of engagement. So hope to continue on that this, this

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00:07:03.270 --> 00:07:13.590

Courtney Ryan: Today, as well. I encourage you to be on camera. Today, if you're able to that there's something about seeing faces, while we all get to know each other a little bit more so.

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00:07:14.070 --> 00:07:19.530

Courtney Ryan: We'd love to have you on camera. If you're able to do so. And if you're not able to be on camera, we certainly understand that's okay too.

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00:07:20.790 --> 00:07:25.290

Courtney Ryan: So our community connect monthly agendas are designed to

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00:07:25.980 --> 00:07:44.640

Courtney Ryan: Open up for opportunities for you all to share and network with others. So be on the lookout today for polling questions and for some green chat prompts. I will have time for open discussion about what you're seeing in your hometown community related to the most pressing issues.

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00:07:46.140 --> 00:07:52.830

Courtney Ryan: It's also an opportunity for you to maybe share or highlight something really neat that's happening in your community. We'd love to hear about that to

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00:07:53.910 --> 00:08:00.210

Courtney Ryan: The assessment results from our December community connect calls indicated that there was value.

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00:08:01.230 --> 00:08:06.840

Courtney Ryan: To you all intelligent providing a platform for you to hear from others in your community.

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00:08:07.500 --> 00:08:15.570

Courtney Ryan: During a time where we are all so fiercely focused and busy on our own organizations and during just trying to just keep up with the day to day tasks.

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00:08:16.050 --> 00:08:29.280

Courtney Ryan: So we know that it is a challenge for many of you to take the time out of your schedule to be with us today. So on behalf of our intelligence team we truly thank you very much for for being with us and having an opportunity to connect

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00:08:30.360 --> 00:08:37.860

Courtney Ryan: We also know that you are often very humble and highlighting all of the great work that you're doing. So please don't call back today.

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00:08:38.490 --> 00:08:55.500

Courtney Ryan: This is really what inspires others to grab on to and spread ideas part of our role here at TV is to shout out all of your accomplishments across the Colorado mountain tops and those messages are as far reaching as Medicare at the national level.

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00:08:56.580 --> 00:09:11.850

Courtney Ryan: Intelligence serves four states. So these connect calls are designed to hear from all of our communities and this one in particular from our Colorado community partners to ensure that we are being mindful of the uniqueness in our state here.

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00:09:12.960 --> 00:09:21.090

Courtney Ryan: So here's what to expect from our time together today. We'll do a little bit of community connections. Welcome. We'll have flow share a little bit about a story.

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00:09:21.420 --> 00:09:31.290

Courtney Ryan: From the front lines and then we'll move into talking about data and the covert 19 vaccine numbers as well as hospital admissions and readmissions

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00:09:31.980 --> 00:09:40.890

Courtney Ryan: Go into our community conversation where we can build upon what we heard from from you all back in December, as those heavily weighing topics.

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00:09:41.340 --> 00:09:52.770

Courtney Ryan: And do a little slide to give a shout out to a community here in Colorado share some upcoming events with you as well as some upcoming resources and offers and then our call to action.

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00:09:56.400 --> 00:10:09.270

Courtney Ryan: So I'm not going to go and spend a lot of time on this side, just want to point out that, as the intelligence team. It's very important to us that we are guided by what is most valuable to you.

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00:10:09.660 --> 00:10:21.150

Courtney Ryan: So these are some of the things that we've heard that you have come to expect from us. So from those of you that are new to working with television. It is our pleasure to extend these resources to you.

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00:10:22.710 --> 00:10:28.500

Courtney Ryan: So here's a way to have a little bit of fun. So we're going to try to see who is physically

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00:10:29.190 --> 00:10:36.570

Courtney Ryan: On the call RC, who is on the call today and kind of see where you are physically joining us from. So we're going to do a little exercise here.

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00:10:37.200 --> 00:10:48.180

Courtney Ryan: So if you can scroll up to the top of your screen. And over on the far right hand side there's it you'll see where it says more if you click on more

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00:10:49.230 --> 00:10:56.070

Courtney Ryan: And then click on, you'll see the annotate button. If you do that, my computer, of course, is not cooperating.

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00:10:58.500 --> 00:11:08.370

Courtney Ryan: Oh, excuse me. All right. I'm sorry on yours. It just says annotate at the top. I apologize. Just click on annotate and then if you click hover over this stamp.

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00:11:09.390 --> 00:11:22.170

Courtney Ryan: icon there and you'll see where you can left click on the star shape. If you click on that and then place your cursor over in your own community, and then left click to drop your star in your community.

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00:11:23.910 --> 00:11:34.980

Courtney Ryan: And then when you're done with that you can close out on your annotation box so awesome. We've got some folks over on the western slope, some in the Denver Metro area.

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00:11:36.150 --> 00:11:39.660

Courtney Ryan: Southeast Colorado eastern Colorado.

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00:11:41.790 --> 00:11:51.600

Courtney Ryan: Awesome. If you see anyone that you recognize on the call today chat in and say hello so free to do that or to connect with someone across the state.

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00:11:55.200 --> 00:12:01.950

Courtney Ryan: Okay, thanks for doing that. It's kind of fun to see who all is on the call with us so appreciate you guys taking some time to do that.

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00:12:04.350 --> 00:12:05.850

Courtney Ryan: Oh, I need to close out of mind.

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00:12:07.320 --> 00:12:07.920

Courtney Ryan: Right away.

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00:12:09.810 --> 00:12:10.740

Courtney Ryan: There we go. Sorry.

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00:12:12.360 --> 00:12:12.780

Courtney Ryan: Okay.

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00:12:14.700 --> 00:12:25.800

Courtney Ryan: So let's see. Back in December we talked about having some norms. And so these are some of the norms that you all had suggested, so we listed those here on this slide.

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00:12:26.490 --> 00:12:32.670

Courtney Ryan: You can think of norms as how we want to operate together in this shared virtual space.

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00:12:33.240 --> 00:12:43.260

Courtney Ryan: So a few of the norms that we had talked about last month word to convene in a way that respects the vast experience, expertise and perspectives of those on the call.

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00:12:43.920 --> 00:12:54.480

Courtney Ryan: To create opportunities to chat in smaller groups or breakout rooms to hold space for participants to ask questions, learn from others questions and the group's answers.

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00:12:54.990 --> 00:13:02.970

Courtney Ryan: To be on camera as possible and to know that silence is okay and will be used occasionally to allow time for responding to questions.

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00:13:03.420 --> 00:13:14.430

Courtney Ryan: So if you have anything else that you'd like to add to our norms for this call, please feel free to go ahead and chat those in now and I'll also pause for just a few seconds to see if anyone

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00:13:15.360 --> 00:13:21.300

Courtney Ryan: Might want to just unmute themselves and verbally. Let us know what your what norms, you'd like to add for this call.

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00:13:30.480 --> 00:13:33.090

Courtney Ryan: And Meredith, are we seeing anything in chat.

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00:13:36.390 --> 00:13:38.370

Meredith Koob: Nothing right now coordinate

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00:13:39.450 --> 00:13:47.670

Courtney Ryan: Okay, we'll go ahead and move on. If you do if you do come up with something that you'd like us to add, please go ahead and just put that into chat and we'll get that added

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00:13:50.100 --> 00:13:56.760

Courtney Ryan: Alright so I'm really excited about this part of our call today and the story from the frontline

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00:13:57.540 --> 00:14:05.010

Courtney Ryan: So it's really important to us. Each month that we keep the human experience and person centered lens on what we talked about

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00:14:05.400 --> 00:14:13.650

Courtney Ryan: So each month, we do try to feature a story from either a patient or a provider for most of our events. So if you have a story.

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00:14:14.370 --> 00:14:23.520

Courtney Ryan: Related to one of the discussion topics that we talked about on our calls and you would like to share your story. We would love to hear from you. And so you can contact Meredith cube.

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00:14:24.000 --> 00:14:31.320

Courtney Ryan: And her contact information will be at the end of our presentation today. If you don't already have it. And then she will walk you through the whole process.

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00:14:32.160 --> 00:14:39.330

Courtney Ryan: So I'm really excited. I had an opportunity to have several conversations with this beautiful lady on this side here today.

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00:14:40.140 --> 00:14:46.200

Courtney Ryan: Flow is like an LPN at Berkshire house rehabilitation and care community.

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00:14:46.920 --> 00:14:57.030

Courtney Ryan: She is originally from Ghana, South Africa and is going to be sharing with us a story around the covert 19 vaccine and how she was initially

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00:14:57.300 --> 00:15:07.560

Courtney Ryan: hesitant to receive the vaccine and some of the things that happened over her journey that changed her mind to go ahead and get the vaccine which she received her first dose last Friday.

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00:15:08.340 --> 00:15:16.860

Courtney Ryan: So welcome flow to our community connect call. I have a couple questions I'd like to ask you and have you share your responses with the audience.

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00:15:18.090 --> 00:15:23.970

Courtney Ryan: So the first question I have for you flow is why were you initially hesitant to receive the vaccine.

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00:15:25.680 --> 00:15:40.080

flo: Hi everybody. I was so scared initially to get vaccinated cause of the news. I was getting from the social media from Facebook from WhatsApp messages I got

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00:15:40.560 --> 00:16:01.230

flo: My husband got my mom in Africa will call me and scan be like she she she was also hearing such stories. So it was very, very scary for me. I was stressing about it because knowing I work in the field and I got the corporate in April. So I was a kid.

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00:16:02.670 --> 00:16:13.800

flo: Watching all those videos that talks about the vaccine changing your DNA, and you'll be fainting are collapsing others getting dizzy.

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00:16:14.310 --> 00:16:28.800

flo: You know, so at this point in our lives, or does it mean said it was the symbol of the 666 and me being a Christian. I was so scared of getting that sex, sex symbol. So I was very, very escaped.

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00:16:31.830 --> 00:16:42.180

Courtney Ryan: Yeah, thank you for sharing that you had mentioned you had conversations with your mom back in Africa and that they were really worried about it as well. Right. Yes.

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00:16:42.210 --> 00:16:51.060

flo: They were very worried she was very worried, especially because I'm only Dora and she didn't want to lose me at this young age. So she was very, very scared.

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00:16:51.990 --> 00:16:53.250

Courtney Ryan: Yeah yeah

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00:16:54.990 --> 00:17:11.910

Courtney Ryan: Yeah. And you mentioned that you were getting your information primarily from Facebook and then another platform called. What can you talk a little bit about like what you were hearing on those notes platform that was contributing to your fear so

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00:17:13.530 --> 00:17:25.020

flo: Friends and family and classmates sharing videos and audios and that was. That's what I said. I was saying, it was the symbol of the 666 if you get the vaccine.

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00:17:25.530 --> 00:17:32.430

flo: At this way, saying, and it can make you die at this. We're saying all sorts of stuff.

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00:17:33.090 --> 00:17:46.110

flo: Me, get in such videos. My husband, get it. And my mom was even watching it because my brother will be like, You gotta talk to your daughter, not to get this vaccine, because this is what I'm seeing. And he will show it to my mom, too.

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00:17:46.860 --> 00:17:55.350

flo: So it was very scary on Facebook friends sharing it on your pages, even on Instagram at that sharing it so

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00:17:56.910 --> 00:18:00.840

flo: It's kind of scary. Yeah. Yeah, I definitely

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00:18:00.840 --> 00:18:08.220

Courtney Ryan: Have seen a lot of that kind of information on those platforms as well. And I agree, it is really scary, the messaging that they're sending

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00:18:08.970 --> 00:18:17.820

Courtney Ryan: So what now let's talk a little bit about what made you change your mind and how you kind of went from being so scared to getting it. And so worried

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00:18:18.150 --> 00:18:31.170

Courtney Ryan: To actually changing your mind and I know your husband ended up getting the vaccine. And as I mentioned, you ended up getting it on Friday. So can you talk a little bit about some of the things that helped you change your mind. And that process.

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00:18:32.370 --> 00:18:44.190

flo: Okay, so I decided to read a little bit and then I wrote down some questions and I have this primary care provider my facility called Dr. Leslie even

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00:18:45.300 --> 00:18:59.910

flo: I waited for her to come to the facility. And I told her doctor, I have a lot of questions to ask you. Concerning the vaccine. So we had a little discussion. And while we're doing it. And most of this stuff.

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00:19:00.660 --> 00:19:11.790

flo: In the facility gathered around us, including the administrator himself like everybody came there to listen to what we're talking about. And she explained

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00:19:12.390 --> 00:19:24.120

flo: Our question is to ask, she she assured us she told me, and I caught her words. Exactly. She's like flow. Look me in the eye. If it's not good. I'm not gonna tell you to take it.

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00:19:24.930 --> 00:19:32.490

flo: If it's going to kill you. I will not tell you to take it. I have taken it. It's not going to kill you continue to read

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00:19:32.880 --> 00:19:42.660

flo: From the CDC as you're saying, and you're going to see what I'm talking about. So she explained it to me and through. Hey, I got to know that the MRI and it doesn't

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00:19:43.200 --> 00:19:52.620

flo: Go into your the nucleus of the the human so it doesn't, it's not going to change my DNA through doctor he teaches so

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00:19:53.160 --> 00:20:06.090

flo: accepted it and then I took that teaches to my, my husband and I explained it to him, step by step, I told him in the simplest way to me, he will understand that.

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00:20:06.690 --> 00:20:17.730

flo: Does he know anything about the flu vaccine and he said no. And I said, it's the same way that we get in this box and just that this is a new disease that

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00:20:19.290 --> 00:20:30.930

flo: That it's coming up. So I took my time and I told him what doctor, he told me he had he also had nagging questions like, it's going to cause sexual weakness in men.

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00:20:31.440 --> 00:20:43.500

flo: And all that. So I looked at a book about it. And she's like, No, that is not true. So I can imagine when I asked about the sexual weakness my stuff here. The guys they were

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00:20:43.530 --> 00:20:47.910

flo: All happy. They wanted to acted, by the way, Shiloh something but

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00:20:48.030 --> 00:20:49.440

flo: I asked them, you know,

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00:20:50.610 --> 00:20:52.200

flo: And she explained to us.

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00:20:53.040 --> 00:20:54.150

flo: And she explained to

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00:20:54.210 --> 00:20:59.430

flo: Us. So she she was a great help to us. Dr. Leslie EVA.

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00:21:00.360 --> 00:21:10.080

Courtney Ryan: Yeah, thank you so much for sharing that. I, I just want to highlight. I know I have opportunity to work with Dr ybor on our eco sessions here in Colorado and

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00:21:11.160 --> 00:21:22.830

Courtney Ryan: I think that the most that we, we've talked with a lot of nursing homes and a lot of staff that have been hesitant to receive the vaccine and it seems like the nursing homes that are having the most success with

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00:21:23.790 --> 00:21:31.980

Courtney Ryan: With encouraging staff to get the vaccine are the ones that are doing exactly what you just mentioned that Dr. Edward did so putting some time aside to have some

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00:21:32.340 --> 00:21:38.520

Courtney Ryan: One on one conversations with staff so that they can ask some of those questions, especially some of those ones that you just mentioned are

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00:21:39.420 --> 00:21:46.410

Courtney Ryan: That you're a little bit shy about asking and that you know we all have the same questions and we're all wondering the same things. And so sometimes

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00:21:46.830 --> 00:21:55.830

Courtney Ryan: Providing that one to one conversation from the medical director or from a provider to staff gives them the opportunity to just be a little bit more

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00:21:56.880 --> 00:22:08.580

Courtney Ryan: Not a little bit more brave and asking those questions and not a shy so I really appreciate you sharing your story with us today flow. I know it's not always easy to get on a call and do public speaking and so

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00:22:09.270 --> 00:22:14.970

Courtney Ryan: Thank you so very, very much for that. And also just thank you for everything that you're doing it, Berkshire, I know you

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00:22:15.600 --> 00:22:25.500

Courtney Ryan: Your colleagues, highly recommend you and say, you're like, just one of the best nurses ever so thank you for everything that you're doing in your in your facility to help your residents and to help your staff.

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00:22:27.060 --> 00:22:35.280

Courtney Ryan: Did we have any questions for flow from the folks on the call that you'd like to either unmute or asked and to chat before we go on.

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00:22:38.850 --> 00:22:40.950

Danelle Hubbard: Hi this is to know, you know, I always have questions.

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00:22:42.000 --> 00:22:55.620

Danelle Hubbard: So flow. First, thank you so much for sharing. Thanks for being so brave and asking the questions that your colleagues know they want to know, but you know they're too shy to ask. So my question is how did your parents feel about the vaccine.

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00:22:56.700 --> 00:23:05.700

Danelle Hubbard: You were able to convince your husband and I was curious, you know how and other family because I'm kind of faced with that challenge myself.

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00:23:06.870 --> 00:23:09.090

Danelle Hubbard: Feel about that in convincing them to get vaccinated

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00:23:10.110 --> 00:23:21.540

flo: OK, so somebody like my mom, you know, back in Africa, we have this six killer disease that most of the time we learn in school, like the polio. My life is the

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00:23:21.900 --> 00:23:35.010

flo: Measles day and tuberculosis. So I asked my mom and her friends. I had a video call with them. And I asked them, and you remember when you have kids and you take them to the hospital on

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00:23:35.670 --> 00:23:44.670

flo: Monthly they give them vaccines for those things. And she said yes and I add that you know anything about those vaccines. And she said, well, so

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00:23:45.570 --> 00:23:52.020

flo: It's a requirement for everybody. And I said, right, this virus is also a new thing.

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00:23:52.350 --> 00:24:02.340

flo: That we did that just came up. So I told my mom at time is going to come that they're gonna make it mandatory like their system that doesn't vaccinate they are taking

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00:24:02.550 --> 00:24:07.770

flo: They're going to add it to make it seven. So when you have babies, they are going to have separate vaccines.

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00:24:08.220 --> 00:24:14.790

flo: That is what I explained to her like that is what I used for my uncle and my sister in New York to

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00:24:15.480 --> 00:24:22.530

flo: I use the same steps and I told him so our friends, they can in community together. I'm telling you.

149

00:24:23.340 --> 00:24:38.190

flo: They should think about those six key like diseases back home. We don't know nothing about it. But when you have babies, they give them the vaccination is the same thing at a time will come to start giving it a bit. So, that is what I told him, and he understood me

150

00:24:40.860 --> 00:24:43.650

Courtney Ryan: Other great great suggestions and great advice.

151

00:24:44.910 --> 00:24:47.910

Courtney Ryan: Thanks so much, and Daniel. Thank you. Yeah.

152

00:24:49.710 --> 00:24:57.930

Courtney Ryan: Okay so flow, you're certainly welcome to stay on for the rest of the call. If you'd like to. But we understand that you're at work, too. And you're very busy says

153

00:24:58.440 --> 00:25:05.490

Courtney Ryan: Some boss, please feel free to do so. And thank you so very much again for for being on the call and for sharing your story with us today.

154

00:25:07.860 --> 00:25:09.000

Courtney Ryan: I hope you have a good day.

155

00:25:11.640 --> 00:25:28.140

Courtney Ryan: Okay, so I jumped a slide. Yes, I did. Okay, so now we'd like to hear from all of you. We have a polling question for you to see if, have you received your coven 19 vaccine. So if you can take just a quick minute here to fill in your responses.

156

00:25:31.980 --> 00:25:45.660

Meredith Koob: Just want to share that if if you prefer to even not answer the poll that that certainly up to you. The pole is anonymous and we absolutely respect anyone's preference to not not take the poll. If you choose to

157

00:25:46.800 --> 00:25:47.550

Courtney Ryan: Thank you so much.

158

00:25:53.220 --> 00:25:54.180

Courtney Ryan: Okay.

159

00:25:57.600 --> 00:26:03.660

Courtney Ryan: All right, awesome. It looks like the majority of the folks on the call have received the vaccine.

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00:26:04.620 --> 00:26:13.830

Courtney Ryan: And then the second kind of wave of you are not included in the current phase for receiving the vaccines. So, and then a few of you have not decided

161

00:26:14.220 --> 00:26:26.520

Courtney Ryan: So thank you so much. Yeah, this is really exciting. Kristin typed in. Wow, that's amazing. It is amazing and really exciting to see this. So thank you guys very much for for taking a minute to share that with us. Appreciate it.

162

00:26:29.340 --> 00:26:39.000

Courtney Ryan: So some of you may have seen this, maybe you haven't. But this map is a great visual to show where Colorado and the rest of the nation.

163

00:26:39.420 --> 00:26:50.340

Courtney Ryan: Is around the number of people receiving their first dose of the vaccine. So you can see here that Colorado falls among the states with the highest number of vaccinations.

164

00:26:51.090 --> 00:27:01.470

Courtney Ryan: This information is from the CDC coven data tracker, which is updated daily. And so we're going to be providing the link to this tracker in chat.

165

00:27:02.220 --> 00:27:18.510

Courtney Ryan: On the right of the slide is just a glimpse of the vaccination status among our for TV states. So you can see where Colorado is as of this morning. We just recently updated this as of this morning. So it's a great tool to check out if you get a chance

166

00:27:21.930 --> 00:27:32.640

Courtney Ryan: So in everything that we do here at TV staying grounded in data is very important to ensure that we are objectively understanding our communities.

167

00:27:33.090 --> 00:27:41.430

Courtney Ryan: We know that numbers are just one piece of the puzzle and that you help add subjectivity to the numbers that we are seeing to complete the story.

168

00:27:41.850 --> 00:27:56.970

Courtney Ryan: So I'm pleased to introduce Beth see core. She is one of our outstanding data scientists here at TV and she is going to orient you to the new admissions and readmissions reports that are now available on the intelligent portal.

169

00:27:57.660 --> 00:28:05.550

Courtney Ryan: So this is really exciting. You all have access to the portal and I'll show you where you can access that here on the next slide. But we had received

170

00:28:06.210 --> 00:28:20.430

Courtney Ryan: Feedback that our partners appreciated this in the last contract cycle. So we decided to make it available on the portal, so that you can all get to it and access those reports on demand, instead of having to ask us for it.

171

00:28:21.300 --> 00:28:28.980

Courtney Ryan: So this screenshot here is where you can log in on the intelligent site and then click on portal where you see the blue down

172

00:28:29.310 --> 00:28:35.550

Courtney Ryan: downward arrow there, you can click on that and then have access to these reports that Beth is going to talk about

173

00:28:35.970 --> 00:28:48.030

Courtney Ryan: And there's also some links on this slide to login to if you have trouble with logging in, or getting your password. And you can also reach out to Meredith, or I, we'd be happy to help connect you to get to get logged in as well.

174

00:28:49.410 --> 00:28:53.160

Courtney Ryan: So with that, that I will turn it over to you to talk about data.

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00:28:54.720 --> 00:28:55.890

Courtney Ryan: Thanks so much, Courtney.

176

00:28:56.970 --> 00:28:57.630

Beth Secor: So,

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00:28:58.710 --> 00:29:12.990

Beth Secor: These charts that you're seeing. Well this one chart here on the slide. There's going to be number one, two, and the next slide these charts are as Courtney said available on the web portal right now.

178

00:29:14.160 --> 00:29:26.850

Beth Secor: And they are basically data around admissions and readmissions. And so with that, the map of Colorado overlaid on top of this.

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00:29:27.960 --> 00:29:33.750

Beth Secor: Graph just see you can see you know where your community is and and whatnot.

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00:29:34.860 --> 00:29:43.560

Beth Secor: So this data is from claims and the timeframe is from July 2019 to June 2020

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00:29:44.820 --> 00:30:01.110

Beth Secor: We've got the dark green bar is region wide so that includes Colorado Iowa Oklahoma and Illinois and then the lighter green bar is statewide for the Colorado.

182

00:30:02.010 --> 00:30:17.700

Beth Secor: And then we have the admissions broken out by community so that you can take a look at where your community compares to statewide or to other communities.

183

00:30:18.720 --> 00:30:25.830

Beth Secor: Looking at this, it kind of looks like the southeast community and the South community have

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00:30:27.180 --> 00:30:35.670

Beth Secor: A little bit higher admissions and other communities and it looks like north, west, south west in the West communities have

185

00:30:36.750 --> 00:30:40.110

Beth Secor: Lower admissions than other communities in Colorado.

186

00:30:41.880 --> 00:30:43.110

Beth Secor: So next slide.

187

00:30:47.580 --> 00:30:49.320

Beth Secor: Okay, so now we have

188

00:30:50.700 --> 00:31:03.990

Beth Secor: Baseline readmissions. So these are 30 day readmissions. This is per 1000 Medicare fee for service beneficiaries. And again, we've got the region wide.

189

00:31:06.240 --> 00:31:13.800

Beth Secor: Rates and then we have the statewide rate and then all the Community rates. Well, and the readmissions

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00:31:14.820 --> 00:31:25.140

Beth Secor: Data does look a little bit similar to the admissions data and that yeah it looks like the north, west, south west and West have lower readmissions

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00:31:25.710 --> 00:31:36.450

Beth Secor: In Colorado than other communities. And one thing that I will just mention going forward. This is not the only data that we're going to be providing

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00:31:37.140 --> 00:31:56.550

Beth Secor: To guys will hopefully have trend charts soon so you can start to see admissions and readmissions over time for your community and another exciting thing that we've got in the pipeline for you, our hospital specific report. So you can see

193

00:31:58.050 --> 00:32:18.060

Beth Secor: For your hospital the breakdown of readmissions by demographics discharge status and about 13 different conditions. So it's got a lot of exciting stuff coming up. And that's all I have. If anybody has any questions.

194

00:32:19.290 --> 00:32:20.310

Beth Secor: Let me know.

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00:32:24.780 --> 00:32:25.050

Danelle Hubbard: All right.

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00:32:25.980 --> 00:32:26.100

One.

197

00:32:28.350 --> 00:32:34.560

Danelle Hubbard: Okay, so I guess I'm trying to, it's a little bit hard to see the middle

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00:32:35.700 --> 00:32:45.780

Danelle Hubbard: Graph. So that's just showing the areas in Colorado, the regions based on the the bar graph is that, am I reading that correctly.

199

00:32:46.830 --> 00:32:59.040

Beth Secor: Right. Right. Okay. Yeah. And if you go in the web portal. The. This is just for the slide the bar graph is separate from the the map. Yeah, okay.

200

00:32:59.370 --> 00:32:59.940

Danelle Hubbard: Okay, thank you.

201

00:33:03.450 --> 00:33:16.560

Meredith Koob: This is Meredith. Yeah, just to point out that shading in the Colorado map. That's what we're using to continue to familiarize our partners with which Community communities they sit on, not really.

202

00:33:17.100 --> 00:33:38.700

Meredith Koob: So important to dig into that detail, but basically you see nine shaded areas on that Colorado map and then they're all there are also nine gray bars on the graph. So essentially, each one of those shaded areas is represented by one of the gray bars on the graph. That makes sense.

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00:33:45.300 --> 00:33:49.830

Courtney Ryan: Great, thank you best. I know I was just talking with a nursing home and

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00:33:49.860 --> 00:34:01.290

Courtney Ryan: Earlier this week, that is really excited about the trend reports for their coffee program. So I'm really excited that we're going to be able to offer those as well and he. Other questions for best

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00:34:06.000 --> 00:34:08.460

Courtney Ryan: Alright, well thank you, Beth, for sharing that with us.

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00:34:10.110 --> 00:34:18.180

Courtney Ryan: So during our monthly calls. We will also be sharing out best practices and resources like the reports that best to share

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00:34:18.840 --> 00:34:29.760

Courtney Ryan: We're committed to sharing and assisting you all in the implementation of evidence based practices which enable you to continue improving the delivery of care in your local communities.

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00:34:30.240 --> 00:34:41.250

Courtney Ryan: So in order to do this we like to gauge the utilization of current best practices within our communities and so looks like many of you have already started doing this, but if you could just

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00:34:42.390 --> 00:34:57.540

Courtney Ryan: Answer the feedback or answer the polling question that we have here around. Are you currently utilizing pain management best practices to decrease opioid harm and to increase Behavioral Health Access. So thanks for taking a second here.

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00:34:58.740 --> 00:35:06.300

Courtney Ryan: So an example of a best practice might be the CDC guidelines for prescribing opioids for chronic pain.

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00:35:09.960 --> 00:35:17.490

Courtney Ryan: Okay. And it looks like the majority of you have voted. So we've got about 69% of you.

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00:35:18.330 --> 00:35:27.210

Courtney Ryan: That are using best practices would love for you all to chat in what some of those are if you're willing to do that. We'd love to hear and learn from from you.

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00:35:28.200 --> 00:35:41.670

Courtney Ryan: 8% are not currently using best practices and then 23% of you are not sure if if you're using best practices. So again, we'd love to hear from those of you in chat that are so that we can learn from you.

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00:35:43.290 --> 00:35:45.480

Courtney Ryan: Thank you for taking some time to do that.

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00:35:47.400 --> 00:35:49.380

Courtney Ryan: The Aalto program. Awesome.

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00:35:52.350 --> 00:35:52.920

Courtney Ryan: Okay.

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00:35:55.980 --> 00:36:00.000

Courtney Ryan: So this next one is around. So we know that there are

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00:36:01.110 --> 00:36:09.180

Courtney Ryan: Glaring disparities from the impact of covert and social isolation on our chronic disease patients and that it truly is staggering.

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00:36:09.570 --> 00:36:29.850

Courtney Ryan: And we know that those with chronic disease are not attending their 30 day and 90 day follow up appointments not utilizing the ER for acute events and are experiencing worsening condition worsening of their conditions. Additionally, we see the onset of diabetes from

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00:36:31.470 --> 00:36:42.960

Courtney Ryan: And so one best practice is to help these patients prevent improve or maintain their condition by referring them over to a diabetes prevention and self management program.

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00:36:43.410 --> 00:36:53.370

Courtney Ryan: So again, many of you have already started this poll here. But are you referring to diabetes prevention programs and self management programs in your area.

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00:36:56.550 --> 00:37:05.580

Courtney Ryan: And if you are, we'd love to to hear what those are what those programs are in your area again for others to have an opportunity. It looks like the majority of us are not

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00:37:06.360 --> 00:37:13.050

Courtney Ryan: So for those of you that are, it would be great to hear who you're referring to, and what those programs are so that we can kind of take that

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00:37:15.270 --> 00:37:20.370

Courtney Ryan: And Meredith, did you have anything else you wanted to add from from this or from the polling questions.

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00:37:23.130 --> 00:37:34.440

Meredith Koob: Just shouting out a few contributions in chat. Thanks, Sean to for adding that you're using the hospital associations alto program Danelle contributed

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00:37:35.010 --> 00:37:47.580

Meredith Koob: An example of working with Sal health and their aging Mastery program Courtney Richard shares that there are not unfortunately diabetes programs in her area.

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00:37:52.590 --> 00:37:53.910

Okay, thank you.

228

00:37:56.460 --> 00:37:57.210

Okay.

229

00:37:58.590 --> 00:37:59.370

Courtney Ryan: So,

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00:38:03.180 --> 00:38:13.470

Courtney Ryan: Last month, we'll get to our community conversation part of our call here now. So, last month you all had indicated that coven emergency preparedness and response.

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00:38:14.040 --> 00:38:24.780

Courtney Ryan: The coven vaccine care transitions and behavioral health, where some of the topics that were most heavily weighing on our Colorado communities.

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00:38:25.290 --> 00:38:34.920

Courtney Ryan: So we wanted to dive a little bit more into this and see if there are challenges that others have on the call that we could just sort of shout out and then

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00:38:35.550 --> 00:38:49.200

Courtney Ryan: Folks have a chance to respond with maybe resources that they can share out or successes that they've had related to those challenges so that we just kind of have this opportunity to connect a little bit more and learn from learning from one another so

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00:38:50.220 --> 00:38:59.370

Courtney Ryan: Before I inquire about some of those specific curiosities. Is there anything related to these four areas that you would like to bring to the group.

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00:39:01.230 --> 00:39:08.970

Courtney Ryan: And we can have a kind of some prompting questions, but just anything initially that you guys can think of and Nikki is going to be our scribe for us here.

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00:39:12.600 --> 00:39:16.710

Courtney Ryan: So if we, if we think about the coven 19 emergency preparedness and response.

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00:39:17.760 --> 00:39:28.950

Courtney Ryan: Do you have enough acute and post acute BED BED BED open to accommodate the needs of your community. So that might be something we could talk about

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00:39:30.000 --> 00:39:34.500

Courtney Ryan: We could also talk about when there is a shortage of bed. How are you all handling this

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00:39:36.720 --> 00:39:43.920

Courtney Ryan: And then lastly, we've heard that there have been a rise in nursing home visitors like doctors surveyors vendors

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00:39:44.370 --> 00:39:55.920

Courtney Ryan: And not being able to provide proof of a negative covert test and that it seems to be increasing with the vaccines. So have any of you experienced that, and how are you handling it.

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00:40:02.430 --> 00:40:03.360

Courtney Ryan: Please don't be shy.

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00:40:13.020 --> 00:40:22.860

Courtney Ryan: We can also think about the coven 19 vaccines. So there's obviously heightened importance around vaccination and that this presents an opportunity to combat.

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00:40:23.310 --> 00:40:41.130

Courtney Ryan: And vaccine hesitancy. So how are you all educating your staff about the benefits and I know flow talked about this, and we did have some comments in chat around medical directors that were having some intentional conversations with staff, but any other ideas that you all have or

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00:40:42.210 --> 00:40:46.050

Courtney Ryan: Challenges or successes related to the vaccine.

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00:40:47.460 --> 00:40:48.360

Courtney Ryan: And hesitancy

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00:40:55.440 --> 00:41:01.620

Meredith Koob: For me, just a few things I can go back to earlier in the chat specific to this Betty.

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00:41:02.190 --> 00:41:14.730

Meredith Koob: Shared that she was hesitant because of the speed and getting the vaccine out and met her employers been great about getting updated vaccine information out. So when it was offered. She did end up signing up

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00:41:21.480 --> 00:41:21.930

Courtney Ryan: Great.

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00:41:23.370 --> 00:41:24.360

Courtney Ryan: Thanks for sharing that.

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00:41:25.830 --> 00:41:32.490

Meredith Koob: And then on. He also shared that her medical director also convinced her for the vaccine.

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00:41:36.180 --> 00:41:44.610

Meredith Koob: Bonnie, is there anything that you want to share specific to how that conversation went or any of the questions that you had for your medical director

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00:42:01.980 --> 00:42:03.690

Meredith Koob: No problem. That's not

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00:42:04.980 --> 00:42:12.480

Meredith Koob: On the also shared in chat that they do have empty beds, but they don't have the staff to care for additional patients.

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00:42:15.330 --> 00:42:16.200

And I see also

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00:42:17.310 --> 00:42:24.420

Courtney Ryan: Crispin had mentioned staffing is an issue, too. And there is a link on CD. CD Ph. D sites. I'll

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00:42:25.410 --> 00:42:38.370

Courtney Ryan: See if I can find it during our call here. If not, I can send it out as a follow up, but for those of you in the nursing homes that are having challenges related to staff, they have a link to help with that.

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00:42:43.800 --> 00:42:50.550

Courtney Ryan: Maybe anyone that's on the call that has he has utilized that resource if you can share how that goes, or how it how it went.

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00:42:59.460 --> 00:43:06.930

Courtney Ryan: What about for care transitions. We had talked last month about transportation challenges.

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00:43:08.070 --> 00:43:10.890

Courtney Ryan: Just in general, and then also for those that those

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00:43:11.730 --> 00:43:26.850

Courtney Ryan: People that might be cover positive. So we heard from a hospital that this was a challenge. So how many others of you on the call are also experiencing that or how are you handling it or do you have a success strategy you can share our resource.

261

00:43:47.640 --> 00:44:02.340

Meredith Koob: Courtney, a few things to our question to Ani earlier. She just added that the medical director helped her to understand the scientific workings of the vaccine and address some of this information out there.

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00:44:03.030 --> 00:44:15.330

Meredith Koob: And then specific to your care transitions from Danelle added in chat that they have created a webinar and web page at the Alzheimer's.

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00:44:16.470 --> 00:44:27.060

Meredith Koob: Association for caregiver support during this time Danelle says, Not sure where this fits into the categories, I think.

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00:44:28.830 --> 00:44:42.120

Meredith Koob: Caregiver Support absolutely fits into care transitions and care coordination. But as we know, dementia really overlays. So many of the challenges that we see in our community. So thank you for sharing that resource to know

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00:44:45.510 --> 00:44:48.420

Courtney Ryan: Yeah, that that looks like a great, thank you.

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00:44:53.040 --> 00:44:59.670

Courtney Ryan: What about what do you all saying in relation to medication challenges or adverse drug events.

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00:45:01.680 --> 00:45:09.990

Courtney Ryan: We've been thinking about this as intelligent team as far as developing different tools or resources or events.

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00:45:11.040 --> 00:45:16.710

Courtney Ryan: Around adverse drug events. And so what are, what are you all seeing in relation to that.

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00:45:17.940 --> 00:45:19.860

Courtney Ryan: But challenges or struggles

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00:45:37.080 --> 00:45:49.230

Courtney Ryan: And the other thing around that, too. We have talked about the increase in opioid deaths during the pandemic and are these individuals making it to the ER in your communities.

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00:45:50.760 --> 00:46:03.870

Courtney Ryan: Do you feel that your community is aware of how to identify someone who has possibly overdose and. And are you aware of the immediate measures to take or are these two these also pose challenges.

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00:46:24.900 --> 00:46:41.940

Courtney Ryan: And then related to behavioral health we had been talking about, are those impacted by mental and behavioral health more or less open to care during the pandemic. So we'd love your boots on the ground feedback on your thoughts.

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00:46:43.140 --> 00:46:43.950

Courtney Ryan: Around that

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00:46:50.730 --> 00:47:02.730

Courtney Ryan: And would also love to hear from you all about what do you feel is most prevalent in your community right now is it alcohol recreational drug use or opioid overused and addiction.

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00:47:04.380 --> 00:47:12.420

Courtney Ryan: And if anyone's willing to share one of those if you'd also share how your community is dealing with that are handling that

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00:47:28.140 --> 00:47:31.950

Courtney Ryan: Are we seeing anything in chat. Meredith, or did you have anything

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00:47:33.000 --> 00:47:35.070

Courtney Ryan: You wanted to add or questions staff.

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00:47:38.790 --> 00:47:39.420

Meredith Koob: Nothing.

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00:47:43.740 --> 00:47:44.130

Okay.

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00:47:48.720 --> 00:47:54.150

Courtney Ryan: Okay, well, we can go ahead and go on, but I would love that feedback from you all.

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00:47:55.110 --> 00:48:01.680

Courtney Ryan: Again, it just really allows us to learn from one another because I know many of us are all experiencing the same thing. And then it also

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00:48:02.340 --> 00:48:12.690

Colorado CONNECT Statewide Community Meeting - Transcript
January 2021

Courtney Ryan: Is really helpful for us here at TV as we kind of developed different tools and resources and think about upcoming events to have and speakers and things like that.

283

00:48:15.510 --> 00:48:16.290

Courtney Ryan: Okay.

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00:48:18.390 --> 00:48:20.250

Courtney Ryan: So, oh,

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00:48:23.070 --> 00:48:23.910

Courtney Ryan: Oh, I

286

00:48:27.810 --> 00:48:31.260

Courtney Ryan: Get that writing off the next slide, Meredith. I'm sorry. Oh, there it goes. Okay.

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00:48:33.000 --> 00:48:36.810

Meredith Koob: So now, what is your when we keep working behind the scenes.

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00:48:38.460 --> 00:48:38.880

Courtney Ryan: Sure.

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00:48:40.530 --> 00:48:48.210

Courtney Ryan: So we wanted to take a minute to celebrate you we talked about readmissions data today. And so we wanted to give a special

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00:48:48.600 --> 00:48:57.480

Courtney Ryan: Shout out and recognition to the west and southwest Colorado communities for doing so well with their hospital readmission data. So if we have any

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00:48:57.930 --> 00:49:06.390

Courtney Ryan: I don't know that I saw a star. When we first got on the call from any community any members that are joining us from those communities but

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00:49:07.050 --> 00:49:15.420

Courtney Ryan: would love for you all to share in chat, something that you're proud of for your organization. It doesn't have to necessarily be related to hospital readmissions but

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00:49:15.840 --> 00:49:23.580

Courtney Ryan: Something that you're proud of in your organization or in your hometown community. So an opportunity for us to recognize and

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00:49:24.900 --> 00:49:26.100

Courtney Ryan: Hear other successes.

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00:49:38.010 --> 00:49:46.500

Meredith Koob: You remember when Courtney said earlier in the call that you all are sometimes shy and humble about sharing successes.

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00:49:48.150 --> 00:49:57.390

Meredith Koob: Don't be shy. No, no success is too small, especially right now in this pandemic and the stress that we're all living under

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00:49:58.830 --> 00:50:00.210

Meredith Koob: Anything innovative.

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00:50:01.530 --> 00:50:05.400

Meredith Koob: Anything that you've seen that that has given you hope.

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00:50:10.980 --> 00:50:25.110

Courtney Ryan: I know a lot of the nursing homes that I work with have resolved their covert outbreaks, which is huge and amazing. So for those of you that have resolved, an outbreak recently. Congratulations. That's no easy task.

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00:50:28.260 --> 00:50:37.860

Meredith Koob: Thanks, Danielle Danielle shares in chat transitioning to all her tool programs and expanding our reach, including early stage engagement programs.

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00:50:39.990 --> 00:50:48.240

Meredith Koob: Yes, absolutely. The Virtual. Virtual World. But we're all living in making some adjustments, but

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00:50:48.780 --> 00:50:49.590

Meredith Koob: We're getting there.

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00:50:50.520 --> 00:50:51.360

Courtney Ryan: Lately, yes.

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00:50:53.730 --> 00:51:00.390

Courtney Ryan: Alright, well thank you for Thank you Danielle for sharing that. And the rest of you, please don't be shy and sharing your successes to

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00:51:02.460 --> 00:51:13.890

Courtney Ryan: So in terms of. We have a few upcoming learning opportunities that we wanted to share with you for this quarter one for 2021 our team has identified two themes

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00:51:14.310 --> 00:51:25.380

Courtney Ryan: For our upcoming opportunities, based on the feedback that you all have given us in these connect calls. So our two themes for Quarter one are covert 19 and immunizations.

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00:51:26.040 --> 00:51:38.820

Courtney Ryan: Including the code vaccine. So we have national experts lined up to share on vaccine hesitancy and efficacy kovats impact on opioids and substance abuse.

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00:51:39.390 --> 00:51:48.600

Courtney Ryan: chronic disease management and behavioral health learning opportunities will also be continuing our monthly long term care office, our events.

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00:51:49.260 --> 00:51:56.070

Courtney Ryan: In addition to some additional bite sized learning opportunities like Podcasts and Videos and things like that.

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00:51:56.940 --> 00:52:04.050

Courtney Ryan: To provide some on demand training opportunities for you that that maybe aren't able to attend one of the longer events. A 60 minute webinar or something.

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00:52:04.500 --> 00:52:17.610

Courtney Ryan: So you have access to register for these events on our event page and you'll see the link here and it's also being shared in chat. Thank you, Meredith, so make sure you sign up for these events today.

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00:52:21.150 --> 00:52:31.920

Courtney Ryan: And then if you have any resources or offers that you would like to share out with your peers or have any input for the agenda and the future monthly connects calls. We'd love to hear

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00:52:32.610 --> 00:52:43.740

Courtney Ryan: That from you and chat as well. We'll be sure to share these out along with our resources that we mentioned. So here are a few of the offers that we have for you this month. The first one here is staff resiliency.

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00:52:44.430 --> 00:53:00.720

Courtney Ryan: It is an easy one to three with Dr. Leo Watson. She's a geriatric psychologist here in Colorado and absolutely amazing. And this four minute podcast is well worth your time to listen to. It's a great, great. It's a great learning

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00:53:02.430 --> 00:53:04.890

Courtney Ryan: My goodness, the word I'm looking for learning opportunity.

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00:53:06.210 --> 00:53:16.710

Courtney Ryan: And then we have the vaccine tracking system. So the new Tiberius, the Department of Defense covert vaccine tracking system resource here and then the

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00:53:17.760 --> 00:53:29.460

Courtney Ryan: Vaccine x x experiences series. So we have episode one on here and I don't know Michael or Meredith, you wanted to talk anymore about these offers or opportunities.

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00:53:33.450 --> 00:53:40.290

Michael Boyson: I could talk about the podcast with Crystal and Michael. They are retired pharmacist.

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00:53:41.460 --> 00:53:42.780

Michael Boyson: recently got their

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00:53:43.800 --> 00:53:44.490

Michael Boyson: First coven

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00:53:45.510 --> 00:53:55.290

Michael Boyson: Vaccine and they talked about their experience the research they did in order to overcome some of their hesitancy and then

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00:53:56.130 --> 00:54:08.520

Michael Boyson: The process, they went through and then the results of the vaccine. So the nice little blurb about an experience of someone going through their journey of getting the code and 19 vaccine.

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00:54:11.340 --> 00:54:14.370

Courtney Ryan: That'll be great. I'm looking forward to listening to that. Thank you.

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00:54:15.720 --> 00:54:32.430

Courtney Ryan: And then action items. So I would be happy to provide that link out to all around staffing shortages from and a resource for you all on that. So I can include that in our follow up email. Did we have any additional action items.

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00:54:36.900 --> 00:54:43.290

Meredith Koob: Courtney, we can share that we we always will send a follow up email following these meetings.

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00:54:43.920 --> 00:55:01.170

Meredith Koob: So you'll have access to the links that we mentioned in chat and the resources that were shared also will include the link that you all share. For example, what Danelle shared in the chat for the resources that the Alzheimer's Association has

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00:55:01.680 --> 00:55:02.520

Meredith Koob: Put together.

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00:55:03.270 --> 00:55:08.910

Meredith Koob: And most all of these resources can be posted on or can be found rather on our

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00:55:10.920 --> 00:55:12.510

Meredith Koob: website as well.

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00:55:16.350 --> 00:55:17.550

Courtney Ryan: Great, thank you.

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00:55:24.660 --> 00:55:26.730

Courtney Ryan: Trying to get to the next slide here. Sorry.

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00:55:29.280 --> 00:55:40.050

Courtney Ryan: So here's an example of an offer that came from one of our Colorado communities. So they are. There's a memory care unit in Greeley that is seeking volunteers to help with

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00:55:40.830 --> 00:55:53.880

Courtney Ryan: Setup cleaning and tearing down of a hub tunnel. So for those of you that were on our call last month we had Peggy boots to die, who talked about the tunnel up in northeastern part of Colorado and so

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00:55:54.720 --> 00:56:06.540

Courtney Ryan: We're really hoping to spread this across our states. We've had a lot of really great feedback. And this is just a really an amazing idea that they came up with. And so if any of you are interested in

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00:56:07.200 --> 00:56:18.720

Courtney Ryan: Potentially volunteering to help with this, you can contact Peggy and her contact information is here and she did mention that the date has not been determined yet. But if you are interested

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00:56:19.890 --> 00:56:31.200

Courtney Ryan: I'm sure there's going to be other volunteer opportunities as well. So I know I'm excited to volunteer and help with this and and see more about it. So anything else that we wanted to mention here.

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00:56:32.250 --> 00:56:38.880

Courtney Ryan: Nikki I think you've you volunteered before for this right. Did you want to talk a second about what the time commitment is or

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00:56:41.550 --> 00:56:42.720

Nikki Racelis: Sure. Thanks, Courtney.

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00:56:44.010 --> 00:56:49.770

Nikki Racelis: So we met, I believe it was on a Sunday in Fort Collins, a few weeks ago.

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00:56:50.850 --> 00:57:10.290

Nikki Racelis: And it was about a five hour events and that's including set up and tear down and I'm not. I think the group that Peggy was working with also coordinates with musicians. So there were two different sets of

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00:57:11.940 --> 00:57:18.990

Nikki Racelis: Musicians I provided live music that the residents really really enjoyed at the assisted living facility that we had

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00:57:19.560 --> 00:57:30.420

Nikki Racelis: A. LAUGH But I would recommend it. Meredith, was there also. So if anyone has any questions about what's involved, maybe what the time commitment or what you might be doing, feel free to reach out

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00:57:31.980 --> 00:57:33.000

Nikki Racelis: Great, thanks. Nikki.

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00:57:33.360 --> 00:57:34.530

Courtney Ryan: Yeah, I'm excited about it.

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00:57:36.690 --> 00:57:37.500

Courtney Ryan: Okay.

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00:57:38.610 --> 00:57:41.580

Courtney Ryan: So I think just in the interest of time.

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00:57:43.020 --> 00:57:47.850

Courtney Ryan: Maybe we'll come back to this slide here or Meredith, do you normally go through that site. I'm sorry.

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00:57:52.890 --> 00:58:10.500

Meredith Koob: That's a brand new slide on just generally we want to be mindful of all of you, we come into these meetings with an agenda that is set from the polling questions and what we've heard from you through email or through other events to make sure that we're designing

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00:58:11.760 --> 00:58:22.800

Meredith Koob: Events that our meeting you where you're at. So this is just a placeholder to ask you if you want to share in chat. Any ideas you have for future agenda item.

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00:58:23.400 --> 00:58:37.290

Meredith Koob: Or any high priority topics in any of these areas you see on the goal are under community goals, rather, feel free to chat those in so that we can consider those as we

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00:58:37.800 --> 00:58:47.550

Meredith Koob: Design our future agenda because these community conduct calls really at the heart of what we want to accomplish is to hear from you all.

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00:58:49.110 --> 00:58:58.830

Meredith Koob: share experiences question your answers from your peers. So feel free to share any of that in chat.

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00:59:01.650 --> 00:59:02.490

Courtney Ryan: Great, thank you.

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00:59:05.520 --> 00:59:16.650

Courtney Ryan: We hope that you'll continue to join us each month. So our Colorado connect calls are the third Tuesday from 11 to 12 and you can see the other state call times here as well.

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00:59:18.060 --> 00:59:22.380

Courtney Ryan: And I believe, Meredith, you wanted. You had a few things to mention on this slide.

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00:59:25.500 --> 00:59:36.120

Meredith Koob: So first and foremost, we're still seeking community ambassadors, really, these are Medicare patients and family members that would like to contribute their voice.

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00:59:36.690 --> 00:59:49.560

Meredith Koob: In a similar way that you all are sharing on the call today so that we can not only be mindful of our partners and organizations experience, but for the Medicare patients and beneficiaries as well.

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00:59:50.460 --> 01:00:05.670

Meredith Koob: And then for mastermind. This is a team that we're putting together. And some of you have already expressed interest in learning more. So thank you for that. We're going to be sending out a communication with more detail about this.

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01:00:07.050 --> 01:00:27.150

Meredith Koob: We're really seeking a minimum of one partner in each of our 40 TV communities across all 40 of our states to sit beside us essentially as we're planning our future work together. We want to continue to really hear from you on what's happened happening locally.

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01:00:28.170 --> 01:00:40.710

Meredith Koob: We also are especially interested in knowing what Coalition's are out there for Healthcare Improvement because we see the mastermind opportunity.

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01:00:41.190 --> 01:00:56.220

Meredith Koob: As a way for coalition leadership to plug into our regional effort to learn from peers. Other Coalition's and bring those resources back to your local coalition to spread

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01:00:56.970 --> 01:01:09.300

Meredith Koob: Best Practices intervention data that will have available like what you saw earlier. So if you're interested in either of those. Feel free to shoot me an email.

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01:01:10.050 --> 01:01:22.470

Meredith Koob: That will be included in our last slide. And we also invite you to invite any of those community coalition members or peers in your community.

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01:01:22.980 --> 01:01:40.650

Meredith Koob: To join intelligence to I connect. That's how they'll get information about all of the events that we're holding and you'll always hear us say many say we're stronger together and we truly believe that. Oh, feel free to reach out to us at any time with any of those

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01:01:42.750 --> 01:01:44.430

Meredith Koob: Thank you so much. And here's our

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01:01:44.430 --> 01:01:50.190

Courtney Ryan: Contact information so that you can reach out to us if you don't have it already. And again, we'll be sending out these slides.

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01:01:51.360 --> 01:02:00.210

Courtney Ryan: And lastly, just want to thank you very, very much for joining us today and taking time out of your schedule. We really do appreciate the opportunity to connect with all of you.

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01:02:00.660 --> 01:02:07.170

Courtney Ryan: And if you would please take a moment to complete the assessments before you leave today, it'll just take a few minutes and we really

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01:02:07.740 --> 01:02:25.410

Courtney Ryan: Do spend time looking at these evaluation results and helping to design our future calls for you all to make sure they're valuable and meaningful. So thank you so very much. I hope you have a wonderful rest of your Tuesday afternoon and stay warm. For those of you that it's snowing outside

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01:02:26.430 --> 01:02:28.800

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Courtney Ryan: Have a great day. Thank you so much. Bye bye.

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01:02:31.500 --> 01:02:31.950

Meredith Koob: Bye.